

<0.1
0.1
0.16

Seeing is more - 10 63 59 27 38

0.125
0.2
0.32

Seeing goes beyond the five senses.
Seeing is being.
02 54 60 81 43

0.16
0.25
0.4

We see, we are seen and we perceive -
the optical experience has many facets.
36 75 82 94 19

0.2
0.32
0.5

To read a book, grasp nature's beauty, contemplate a picture -
neither activity can be taken for granted. To see well is of vital
importance.
23 78 17 91 04

0.25
0.4
0.63

It has a crucial impact on our quality of life. It means communication, com-
prehension, discovery and experience. Of both principal means of interpersonal
communication, seeing is by rights the more significant.
78 32 51 01 49

0.32
0.5
0.8

Language can be misunderstood. But the way we see others and are in turn seen is a spontaneous
perception. It precipitates an immediate reaction. Seeing, or to be precise the desire to see better,
is also what prompted our ancestors to get up on their hind legs many millennia ago.
28 59 63 14 70

0.4
0.63
1.0

It enabled them to spot potentially deadly enemies in the high grasses of the steppes. This great evolutionary leap was what freed
up our hands and let them evolve into the high-precision tools they are today. In turn, we use our hands to produce things that
allow us to see even more precisely.
23 45 86 10 87

0.5
0.8
1.25

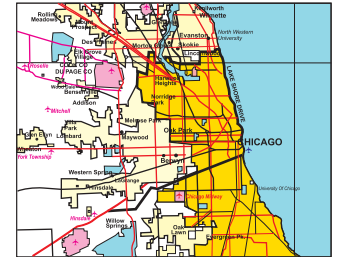
Be that over greater distances, all the way to the stars of other galaxies, or in smaller and smaller dimension all the way to life's individual building blocks. Or to simply
correct our dwindling eyesight as we grow older. Seeing well is not the only factor. We also expect fine design. Because our desire to see is not confined to just classifying
and identifying, but it also gives us enjoyment and pleasure when observing interesting forms, structures and colours. Our enhanced vision thus developed hand in hand
with the love of designing and producing objects that are of no practical value.
80 75 31 92 46

The figures indicate the approximate eyesight value for reading distances of ■ 25 cm ■ 40 cm ■ 65 cm

Directory

Smithers	A.	125 654 854
	Goodman Rd. 21	
	Aaron	365 227 354
	Hilway 5	
	Anne	222 365
	Borrow St 56	
	Ariane	126 267 68
	Newton St 6	
	Arthur	256 222 25
	Kings St 125	
	Arthur T.	375 356 557
	Macbeth Hill 2	
	Austin	237 675 3
	Port Louis Rd 5	
Smitsi	Akiko	216 667 354
	Upper Rd 25	

Map



Timetable

SHEFFIELD - NOTTINGHAM											
X	X	X	X	X	X	X	X	X	X	X	X
....		0661	0532		0981z	1004	2960	1067			
0645	0751c	0841	0641	1045	9821	2335	2314	1345			
0756	0717	0932	0543	1092	1222	9306	9207	1243			
0844	0879	0560	1041r	2312	1545	1160	1269	1245			
0929	1028	1157	1236	2311	1456	1159	2456	1768			
A	Q	Q	M	M							
....	1357	1574	2312	6894							
0645	1655	1384	1160	3975							
0756	1650	1390	9359	4690							
0844	1768	1160	4056	2549							
0929	1453	1112									
X	X	Q	Q	Q	Q	Q	Q	Q			

Newspaper

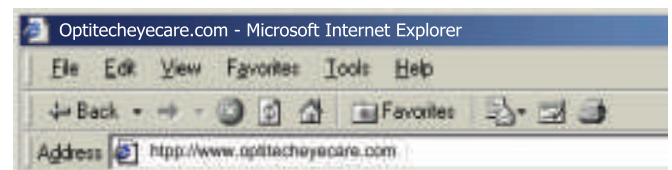
Weather forecast

Most parts will have showers, heaviest and most frequent in the north and west. North-west Scotland will stay mainly cloudy with showery rain.

Outlook

Tomorrow rain will move into Scotland, south Wales and southern England later. Elsewhere will be dry and bright with sunny spells.

Internet



Uses of Near Vision Book :

- **Improving visual acuity:** Helps individuals enhance their near vision clarity and sharpness.
- **Addressing vision challenges:** Provides solutions for common near vision problems, like presbyopia.
- **Practical tips:** Offers advice and techniques for comfortable reading and close-up tasks.
- **Eye health:** May include exercises and practices to promote eye health and reduce strain during near vision activities.

TARUN ENTERPRISES

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